

GETTING TO KNOW YOU:

Knights of Columbus #544 Grand Knight Jimmy Walsh

What are your fondest memories of childhood and church?

My strongest memories are of family and tradition. Every Sunday, our whole family would go to morning Mass at St. Henry's and afterwards Mom would cook a great breakfast and we would eat together at the kitchen table. Those are the times that bind.



can definitely transform your faith seeing firsthand those familiar places of the Bible, and knowing that you are literally walking in the footsteps of Jesus.

If you could witness any event in the Bible, what would it be and why?

I would like to see the Sermon on the Mount where Jesus gave us the Beatitudes. Having been to Capernaum and the Mount of Beatitudes above the Sea of Galilee, it would be a surreal scene to watch that unfold.

Have you done much traveling?

Yes, I have been lucky enough to have traveled to Jerusalem and Rome in 2000. In 2004, I traveled all across Italy, and finally in 2006, I took a cruise off the coast of Spain and toured that country as well.

What is the most unusual job you have ever had?

During my college years in New Orleans, I decided to take a year off from

school and got a job as a deckhand on a riverboat for the Ingram Barge Co. That was very hard, interesting, and dangerous work, which I someday hope to write about in a book.

Do you do any volunteer work?

I am a member of the Knights of Columbus #544 at Cathedral and hold the position of Grand Knight. We spend many hours volunteering doing service projects or fundraising projects for worthy causes.

What is your favorite sport as a participant?

You can't go wrong with golf. I love to play and work on my game. A light game of backyard football is always fun too, as long as I don't pull a muscle in the process.

What is your favorite book and why?

While I was in college, I found a book called Sidhartha in the library while researching a paper. I've always thought it is a great book for spiritual growth and making some sense out of life.

Who is your favorite Saint and why?

St. Francis of Assisi is my favorite Saint because he is my patron Saint and I like the story of his life. Plus, my middle name is Francis.

What is your greatest blessing?

My greatest blessing is my family, no doubt. Now that I am older, I see how very lucky and blessed I have been to grow up as a child of my parents and benefited from their wisdom and influence.

Have you ever visited a religious site?

Yes, I visited the Holy Land in 2000. It

More Fun at the Super Bowl Party



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THE CATHEDRAL Courier

PUBLISHED BY AND FOR THE PARISHIONERS OF THE CATHEDRAL OF THE INCARNATION

100 Years and counting

They came from all walks of life, some at the urging of their fathers, others because of a friend. Every Knight of Columbus shares a common bond of Christian brotherhood and defender of the Catholic faith. Since it was founded in 1900, the KOC 544 in Nashville has been steadfast in providing charitable, financial and spiritual support throughout the Diocese of Nashville. This tradition carries on today.

"It's all about investing in our future," Jimmy Walsh, Current Grand Knight and president of the 544, said of the fundraising and support the Knights offer. "We have a commitment to a variety of charities and needs of the church including investing in children. In that sense we are investing in the future of Catholicism." The 544 has 260 members enrolled with an active membership of about 55 men.

Last year, KOC members rolled up their sleeves and put in the labor to help move furniture at the Mercy Home, to help construct the Cathedral's Habitat for Humanity home, to host parties for residents at a retirement home, and to support the homeless through the Room in the Inn. They offered financial support for seminarians studying for the priesthood, for Camp Marymount (a religious camp for youth), and to provide meals for the homeless. They



Mark O'Neill and Jimmy Walsh celebrate at the KOC's Super Bowl Party in January.

brought families and friends together hosting a chili cook-off, a Super Bowl Party, and their largest fundraiser: The St Patrick's Day party. Support for the church and its members are what the Knights are all about.

"When you choose the Knights, you instantly have something in common with every member," Jimmy explained. "You obviously want to do some good, to make the world a better place. You know you can trust the guy next to you where in the outside world you don't always have that." Jimmy works as a communications engineer for

Dial-Pro. He became a Knight at the urging of his dad, Jim Walsh, Sr., former District Attorney for the City of Nashville.

Knights are bound together by charity, unity, fraternity and patriotism, Matt Pepper, said. Matt has been the recorder and financial secretary for the 544 and became a knight when he was in college at the University of Tulsa. "This 300 pound guy grabbed me into a headlock and invited me to join," he said laughing as he recalled a college friend who urged him to become a Knight. Matt works as a Data Analyst for Metro Schools.

Pat Kelley, who has been a knight for 32 years and is a real estate broker with the Wilson Group, has seen the difference it has made to families. "We are a family oriented fraternal

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WHAT'S GOING ON

"Firsts - of the Month" - 1st Thursday - Day of Prayer for an increase in Vocations to the Priesthood and Religious Life; 1st Friday - Honor of the Sacred Heart of Jesus, with Mass at 7:00 a.m.; 1st Saturday - Honor of Our Lady of Fatima, with rosary and prayers for peace and in reparation of sins.

CATHEDRAL WOMEN'S CLUB - Saturday, March 10 - Catholic Women of Faith Conference at St. Philip Church in Franklin. Sign up early! www.catholicwomenoffaith.com. Questions - call Linda Graham at 269-9405.

CARING FOR GOD'S CREATION - A family friendly series sponsored by the Social Justice Committee in the Fleming Center on Thursday, March 15 and 22nd with a Potluck Dinner at 6:30 p.m. and the Program from 7:00 to 8:15 p.m.

CHILDREN'S LITURGY OF THE WORD - Adult leaders are needed for this ministry held during both morning Sunday Masses. Contact Suzanne at the Religious Education office - 327-2330, ext 305 or email ssouthworth@cathedralnashville.org.

SERRA CLUB -The Serra Club has revamped its Tuesday adoration with deacons presiding, who are giving Benediction of the Blessed Sacrament at the end. Every Tuesday from 5:00-6:00 p.m. at Christ the King.

CATHEDRAL NURSES' MINISTRY -You can help! Cathedral Blood Drive on March 18th is by appointment only. Sign up in main vestibule of the church on weekends of March 3-4 and March 10-11 after all Masses. On a typical weekday the American Red Cross provides blood for 25 to 30 open-heart surgeries in the city of Nashville. To meet the needs of our 84 county region, 800 people must volunteer to donate blood every weekday, another 430 must volunteer to donate each weekend.

ADULT CONFIRMATION -Are you over the age of 18 and a practicing Catholic who missed Confirmation for one reason or another? If so, and you wish to be confirmed, please call Suzanne Southworth at 327-2330 or email ssouthworth@cathedralnashville.org.

IRISH FEAST AND LOTS 'O FUN St. Patrick's Day Fundraiser - Saturday, March 17th, benefiting Cathedral and the Knights of Columbus, #544 Charities. Enjoy an evening of music, dancing, pub games and Irish trivia at "O'Kibby's Pub" in the Fleming Center. \$50 per person. Please contact Mark O'Neill at 662-2014 or m.oneill74@comcast.net for more information

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WHAT'S GOING ON

KATRINA VOLUNTEER RESTORATION -Sign-up online if you are interested in volunteering your time and talents with the Katrina Restoration. This is sponsored by the Social Justice Committee and is an ongoing opportunity.

CATHEDRAL WEBSITE E-MAIL LIST & CENSUS - Sign up for our e-mail list at www.nashvillecathedral.com. This is the list Father Kibby uses to send out updates, reminders and thoughts he wants to pass on. You can subscribe from any page on the website and unsubscribe at any time you wish. Father Kibby is the only one with access to this list. To register in the parish or to let us know of a change of address, kindly pick up a census card at one of the vestibule racks, complete it and drop it in the Sunday collection basket.

A MILLION VOICES FOR DARFUR - Dr. Gloria White-Hammond, a globally recognized humanitarian, will speak on the stark realities of the genocide occurring in Darfur, Sudan for nearly 4 years. West End United Methodist church on Tuesday, March 27, at 7:00 p.m. mation, please call Lynette at 352-1328.

ST. MARY VILLA CHILD DEVELOPMENT CENTER - is accepting applications for a Catholic Collaborative Pre-Kindergarten Class beginning the Fall of 2007; eligible children will be 4 years old by September 30, 2007. Please contact Michael Miller by phone 760-4425 or email mmiller@stmaryvilla.org.

HOLY LAND PILGRIMAGE -Tour leaves March 19th for 10 days, with Father Mark Hunt celebrating the Masses at various shrines in Israel. For full information, contact Father Mark Hunt at 383-4200 or Sandy O'Donnell at 390-6439.

Sister Helen Prejean, author of *Dead Man Walking* - will be speaking at Belmont University on Monday, April 30th, Massey Performing Arts Center at Belmont University 10:00 a.m.-10:50 a.m.

Cathedral Courier is a publication of the Communications Committee of Cathedral of the Incarnation Parish Council. Story ideas, upcoming events and suggestions are always welcome. Please contact Kathleen Henderson at kathleen.henderson@comcast.net.

KOC at Cathedral, continued

service organization," he said. "We have offered significant financial support to Camp Marymount, a Catholic camp for children ages 8-18. One of our goals and commitments is to build a new chapel. The old one was condemned." The construction of a new chapel will allow for a place for the Eucharist to be kept at the camp.

Knights are reminded of the difference they make each time they offer time to support a project. "I remember the Tootsie roll fund raiser for the mentally retarded," Mark O'Neill recalled. "Normally we only get a \$1 donation, but this lady in her 60s handed me a \$20 and was crying as she walked by into the store. She later came out and explained that she had a mentally retarded son who had just passed away. She showed me her son's picture and told me, 'You really did help.'" Mark, who serves as the Knights PR and events coordinator, owns his own business offering houseboat cruises.

The Knights' annual St Patrick's Day Fundraiser, scheduled for March 17 from 6-10 pm is a key fundraiser and an opportunity for the Knights to bring parishioners together for fellowship and fun. "We are going to turn the Fleming Center into O'Kibby's Pub," Mark promised. "There will be Irish music, step dancers, and Irish feast of prime rib, salmon, a potato and salad bar, green beer, wine and coffee

Fun at KOC Super Bowl Party

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drinks." Proceeds from the fundraiser will support Camp Marymount.

The silent auction at the O'Kibby's Pub is not to be missed, Matt said. "Our most unique donation is 100 gallons of Tennessee bio-diesel. We also have a weekend get-away at Loew's Vanderbilt and the Hermitage Hotel, a week-long stay at a beautiful Florida beach home, airline tickets, sports memorabilia, and more."

Opportunities to bring the parish together are important to the Knights. "Our Super Bowl party was like everyone in the parish sitting around together in one big living room, eating great food and watching the game," Mark said.

"You can't forget Johnny Burns," Pat added. "Johnny had his smoker cooking all night with the Boston Butts turning the meat every 45 minutes. It tasted awesome."

Although service is their priority, their bonds of friendship also strengthen. "We get together socially and have fun, and play golf, it is been great because we might not otherwise have gotten the opportunity to know each other," Mark said.

It cannot be underestimated what the Knights can do when they get together. "We have resources, we are committed to making a difference and we are flexible," Mark said. "If Father Kibby says we have a need, we are like the relief pitcher. We come in at the ninth inning and follow through with help."



Celebrate Lent

Fasting and Abstinence

- During Lent all from the age of 14 throughout life are obliged to abstain from meat on Ash Wednesday and all Fridays.
- Those from the age of 18 until the day after their 59th birthday are obliged to fast on Ash Wednesday and Good Friday.
- A fast is one full meal and two lighter meals.
- All are generally obliged to do penance.
- In addition to fast and abstinence the obligation may be discharged by other good works, such as voluntary abstinence, prayer, self-denial, almsgiving and acts of charity.

Stations of the Cross

During Lent the Stations of the Cross will be prayed each Friday following the 12:10 PM Communion Service and again at 7:00 PM. Stations of the Cross on Fridays nights during Lent at 7:00 p.m. will be led by John Krenson on March 16; Julie O'Conner on March 23, and Thales Finchum on March 30.

Parish Penance Service - March 29

The Parish Penance Service is scheduled for Thursday, March 29 at 7:00 PM.

MAKE YOUR LENT SPECIAL THIS YEAR

"Walk in the Footsteps of Jesus" with deacon Fred and Lorine Bourland of St. Stephen Catholic Community - March 12-23, guided by Father Angelo, a Franciscan Priest living in Jerusalem. Contact the Bourlands at lorineb@tds.net, or call 615-754-6899 or the Renaissance Pilgrimages at 886-295-8687 for details.

Lenten Thoughts:

"This is a wonderful season of grace, which gives us the opportunity to open our hearts ever more to the transforming power of God's love." *Most Rev. David R. Choby, Bishop of Nashville*

"May Lent be for every Christian a renewed experience of God's love given to us in Christ, a love that each day we, in turn, must "regive" to our neighbor, especially to the one who suffers most and is in need.

Only in this way will we be able to participate fully in the joy of Easter. May Mary, mother of beautiful love, guide us in this Lenten journey, a journey of authentic conversion to the love of Christ." *Pope Benedict II*

Lenten Question: If Lent is 40 days, why are there 46 days between Ash Wednesday and Lent?



Working to Protect Our Children

By Suzanne Southworth

The Diocese of Nashville made arrangements to provide child safety education for all students enrolled in religious education with the idea that the instruction was to begin during 2006. This type of instruction was mandated by the U. S. Bishops. This program was already in place and had been well received here in our Catholic schools.

The curriculum is a program of instruction called Safe at Last and is the product of a collaborative effort between the Superintendent of Catholic Schools and the Rape and Sexual Abuse Center here in Nashville. At the Cathedral we are calling the program "Protect the Children." We are very fortunate to have Dr. Laura Clark, a former Catholic School principal from Southaven, MS, and Assistant Professor of Educational Leadership at MTSU, serve as the facilitator. Dr. Clark, a child protection trainer in the Diocese of Jackson, attended the Diocesan training provided here and then throughout the fall months, she met with the Kindergarten through sixth grade classes to present the materials. By all accounts, the transition into this type of training went smoothly.

6th Grade Service Projects Help Four Legged Friends And Our Troops

By Penny Powers
Room Mother

When the 6th graders in Mr. John Hannon's Religious Education class were presented with the idea of doing for others during this past Christmas season, they responded with great enthusiasm! After surveying their preferences, two projects were selected. This group was especially excited about helping our four legged friends at the Nashville Humane Association. They collected more than forty pounds of dog and cat food.

Deacon John Krenson helped facilitate the second project. The class wanted to send cards to soldiers in Iraq. Deacon Krenson was able to provide the class with the name of LTC Kurt Reddick who is presently stationed in Iraq. The class wrote letters and decorated paper ornaments for his entire company. Red and green decorations accompanied the wishes for safety and thanks for the soldier's contributions and sacrifices. In fact, some of these same students remember sending off letters and ornaments to Deacon John when he was stationed in Afghanistan three years ago. Mr. Hannon applauded their efforts and encouraged them to include these brave men and women in their prayers everyday.

The Cathedral of the Incarnation has a rich tradition of helping others through various service projects throughout the year. These 6th grade students are joining in that tradition. They realize, even at their tender age that Christmas is much more than just about presents for them.

They heard and responded to the call to serve our brothers and sisters in Christ...and God's other creatures as well...the animals at the NHS who are waiting for a permanent home.

